

October Breakfast Menu Lebanon High School

Monday	Tuesday	Wednesday	Thursday	Friday
Oatmeal	Sausage Pancake on a Stick	Apple Stick	Muffin	Scrambled Egg Patty
Maple Egg & Cheese Stick	Benefit Bar	Breakfast Bar	Ultimate Breakfast Round	Breakfast Sausage
Sunrise Bites Cracker	Oatmeal		String Cheese	Cold Cereal
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Raisins		Craisins		Raisins
	Juice 6 oz.		Juice 6 oz.	
Skim or 1% Milk, 8 oz.	Skim or 1% Milk, 8 oz.	Skim or 1% Milk, 8 oz.	Skim or 1% Milk, 8 oz.	Skim or 1% Milk, 8 oz.

Look for a
Grab and Go
breakfast
station by the
gym!!



Two
locations to
serve you
breakfast!!

Breakfast is free for all students!!

Menu subject to change.

This institution is an equal opportunity provider.