

Lebanon Community Schools

Aug 28, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

LUNCH K-8 Lac, HC, Pio

Portion Values - Detailed

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	Portion Size	Carb (g)
Tue - 08/29/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Cheesy Garlic Bread	Hoagie Buns	31.58
HAMBURGER ON A BUN-Leb	1 ea	33.0
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
CORN: canned, HOT (starchy)	.25 cup	5.88
TOMATOES (red/org)	.25 CUP	1.75
PICKLES,DILL (other)	.25 cup	0.93
CELERY STICKS (other)	.25 cup	1.1
Applesauce, Canned Unsweet USD	.25 cup	6.89
PEARS,CND,JUC PK,DRND	.25 c	1.45
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
Ketchup Packet-Leb	2 pkts	6.0
MUSTARD: Pkt-Leb	2 pkts	0.0
Mayo, Individual Packets	2 packets	0.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		75.91
% of Calories		50.1%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 08/30/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Pulled Pork Sandwich-Leb	Sandwich	46.0
Grilled Cheese Sandwich-Leb	Servings	39.02
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
CAULIFLOWER, (other)	.25 CUP	1.24
CARROTS, BABY (red/org)	.25 cup	3.3
BEANS, RED (legume)	.25 CUP	9.98
BROCCOLI, (dk green)	.25 CUP	1.51
FRUIT MIX, CANNED, EXTRA LIGHT	.25 cup	8.94
PEACHES,CND,JUC PK,SOL&LIQUIDS	.25 cup	7.23
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
Mayo, Individual Packets	2 packets	0.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		93.68
% of Calories		56.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 08/31/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Chicken Burger-Leb	Chicken Burger	42.0
CHILI with Tortilla Chips-Leb	1/2 CUP Serving	*29.03
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
SALAD, Leb (other)	.5 Cup	3.17
CARROTS, BABY (red/org)	.25 cup	3.3
BROCCOLI, (dk green)	.25 CUP	1.51
PEAS, frozen (starchy)	.25 cup	5.7
FRUIT MIX, CANNED, EXTRA LIGHT	.25 cup	8.94
STRAWBERRIES: frozen	.25 cup	16.52
Ketchup Packet-Leb	2 pkts	6.0
MUSTARD: Pkt-Leb	2 pkts	0.0
Mayo, Individual Packets	2 packets	0.0
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		*100.37
% of Calories		*56.1%
Nutrient Guideline		

Fri - 09/01/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Pizza, Nardone's WW Cheese 4 X	Piece (4 X 6)	30.0
Pizza, Nardone's WW Pep 4 X 6	Piece (4 X 6)	30.5
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
Cookie, Choc Chp-OS WG-Leb	cookie	17.0
SALAD, Leb (other)	.5 Cup	3.17
TOMATOES (red/org)	.25 CUP	1.75
CARROTS, BABY (red/org)	.25 cup	3.3
peppers, green (other)	.25 cup	1.07
BLUEBERRIES	.25 cup	5.36
PINEAPPLE	.25 cup	7.04
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		96.07
% of Calories		53.5%
Nutrient Guideline		

Mon - 09/04/2017		
LUNCH K-8 Lac, HC, Pio	Total	
NO SCHOOL TODAY	SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 09/05/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Chicken Tenders, Bread 7033	Serving (3 Pc.)	27.0
Grilled Cheese Sandwich-Leb	Servings	39.02
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
Honey Roasted Carrots	1/4 cup	4.51
SALAD, Leb (other)	.5 CUP	3.17
PEAS, frozen (starchy)	.25 cup	5.7
TOMATOES (red/org)	.25 CUP	1.75
Applesauce, Canned Unsweet USD	.25 cup	6.89
PEACHES,CND,JUC PK,SOL&LIQUIDS	.25 cup	7.23
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
Ketchup Packet-Leb	2 pkts	6.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		87.35
% of Calories		55.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 09/06/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Ling's Orange Chick w/rice-Leb	serving	70.67
TURKEY DELI - Leb elem	1 Sandwich	*30.68
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
CARROTS, BABY (red/org)	.25 cup	3.3
CELERY STICKS (other)	.25 cup	1.1
BROCCOLI, (dk green)	.25 CUP	1.51
CUCUMBER, sliced (other)	.25 cup	0.72
FRUIT MIX, CANNED, EXTRA LIGHT	.25 cup	8.94
PEACHES,CND,JUC PK,SOL&LIQUIDS	.25 cup	7.23
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
Mayo, Individual Packets	2 packets	0.0
Ketchup Packet-Leb	2 pkts	6.0
MUSTARD: Pkt-Leb	2 pkts	0.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		*96.97
% of Calories		*62.9%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 09/07/2017		
LUNCH K-8 Lac, HC, Pio	Total	
TACO SALAD Elem.	salad	30.14
BBQ Rib Sandwich-Leb	Sandwich	46.0
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
BROCCOLI, (dk green)	.25 CUP	1.51
CARROTS, BABY (red/org)	.25 cup	3.3
BEANS, RED (legume)	.25 CUP	9.98
CELERY STICKS (other)	.25 cup	1.1
PEARS,CND,JUC PK,DRND	.25 c	1.45
APPLES, FRESH, SLICED, UNPEELE	.25 cup	7.83
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
Mayo, Individual Packets	2 packets	0.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		85.72
% of Calories		49.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 09/08/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Pizza, Nardone's WW Cheese 4 X	Piece (4 X 6)	30.0
Pizza, Nardone's WW Pep 4 X 6	Piece (4 X 6)	30.5
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
SALAD, Leb (other)	.5 Cup	3.17
TOMATOES (red/org)	.25 CUP	1.75
CARROTS, BABY (red/org)	.25 cup	3.3
peppers, green (other)	.25 cup	1.07
BLUEBERRIES	.25 cup	5.36
PINEAPPLE	.25 cup	7.04
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		80.74
% of Calories		51.7%
Nutrient Guideline		

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LUNCH K-8 Lac, HC, Pio

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	Portion Size	Carb (g)
Mon - 09/11/2017		
LUNCH K-8 Lac, HC, Pio	Total	
HAMBURGER ON A BUN-Leb	Hamburger	33.0
Grilled Cheese Sandwich-Leb	Servings	39.02
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
PICKLES,DILL (other)	.25 cup	0.93
TOMATOES (red/org)	.25 CUP	1.75
BROCCOLI, (dk green)	.25 CUP	1.51
PEAS, frozen (starchy)	.25 cup	5.7
PEARS,CND,JUC PK,DRND	.25 c	1.45
Applesauce, Canned Unsweet USD	.25 cup	6.89
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MUSTARD: Pkt-Leb	2 pkts	0.0
Ketchup Packet-Leb	2 pkts	6.0
Mayo, Individual Packets	2 packets	0.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		78.62
% of Calories		52.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 09/12/2017		
LUNCH K-8 Lac, HC, Pio	Total	
TURKEY GRAVY/breadsticks-Leb	Serving	37.0
Deli Ham Elem-Leb	Sandwich	32.11
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
SALAD, Leb (other)	.5 Cup	3.17
CARROTS, BABY (red/org)	.25 cup	3.3
BROCCOLI, (dk green)	.25 CUP	1.51
TOMATOES (red/org)	.25 CUP	1.75
PEACHES,CND,JUC PK,SOL&LIQUIDS	.25 cup	7.23
PEARS,CND,JUC PK,DRND	.25 c	1.45
KETCHUP: individual	2 PACKET	4.93
MUSTARD: Pkt-Leb	2 pkts	0.0
Mayo, Individual Packets	2 packets	0.0
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		77.76
% of Calories		53.8%
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	Portion Size	Carb (g)
Wed - 09/13/2017		
LUNCH K-8 Lac, HC, Pio	Total	
CHEF SALAD/Brdstck Elem	Salad	6.26
SOFT TACO-leb	soft taco	25.34
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
Beans, Refried Leb (legume)	.25 cup	9.61
CARROTS, BABY (red/org)	.25 cup	3.3
BROCCOLI, (dk green)	.25 CUP	1.51
CELERY STICKS (other)	.25 cup	1.1
Applesauce, Canned Unsweet USD	.25 cup	6.89
BLUEBERRIES	.25 CUP	5.36
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
KETCHUP: individual	2 PACKET	4.93
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK, 1% Lowfat	8 OZ.	12.18
MILK, Skim	HALF PINT	1.41
Weighted Daily Average		68.65
% of Calories		46.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 09/14/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Pop Chicken/ bread Tyson 70368	Serving	33.1
BBQ Chicken Sandwich-Leb	Serving	45.0
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
Beans, Garbonzo (legume)	.25 cup	13.57
CAULIFLOWER, (other)	.25 CUP	1.24
CARROTS, BABY (red/org)	.25 cup	3.3
BROCCOLI, (dk green)	.25 CUP	1.51
Applesauce, Canned Unsweet USD	.25 cup	6.89
FRUIT MIX, CANNED, EXTRA LIGHT	.25 cup	8.94
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK, 1% Lowfat	8 OZ.	12.18
MILK, Skim	HALF PINT	1.41
Weighted Daily Average		89.90
% of Calories		55.1%
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	Portion Size	Carb (g)
Fri - 09/15/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Pizza, Nardone's WW Cheese 4 X	Piece (4 X 6)	30.0
Pizza, Nardone's WW Pep 4 X 6	Piece (4 X 6)	30.5
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
Cookie, Choc Chp-OS WG-Leb	cookie	17.0
TOMATOES (red/org)	.25 CUP	1.75
CARROTS, BABY (red/org)	.25 cup	3.3
Peppers, Red (red/orange)	.25 cup	1.39
peppers, green (other)	.25 cup	1.07
BLUEBERRIES	.25 cup	5.36
PINEAPPLE	.25 cup	7.04
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		93.05
% of Calories		52.7%
Nutrient Guideline		

Mon - 09/18/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Cheesy Bean Dip-K-8	Servings	43.47
Deli Ham Elem-Leb	Sandwich	32.11
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
SALAD, Leb (other)	.5 Cup	3.17
BROCCOLI, (dk green)	.25 CUP	1.51
TOMATOES (red/org)	.25 CUP	1.75
CAULIFLOWER, (other)	.25 CUP	1.24
PEARS: canned,light syrup	.25 CUP	9.44
FRUIT MIX, CANNED, EXTRA LIGHT	.25 cup	8.94
KETCHUP: individual	2 PACKET	4.93
MUSTARD: Pkt-Leb	2 pkts	0.0
Mayo, Individual Packets	2 packets	0.0
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		89.46
% of Calories		56.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Tue - 09/19/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Teriyaki Dipper/breadstick	Serving (4 pc)	21.0
Chicken Fajita Soft Taco-Leb	Taco	26.15
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
Beans, Refried Leb (legume)	.25 cup	9.61
CELERY STICKS (other)	.25 cup	1.1
BROCCOLI, (dk green)	.25 CUP	1.51
TOMATOES (red/org)	.25 CUP	1.75
STRAWBERRIES: frozen	.25 cup	16.52
PEACHES,CND,JUC PK,SOL&LIQUIDS	.25 cup	7.23
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
KETCHUP: individual	2 PACKET	4.93
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		82.81
% of Calories		53.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Wed - 09/20/2017		
LUNCH K-8 Lac, HC, Pio	Total	
TACO SALAD Elem.	salad	30.14
Chicken, Roasted/Breadstick	Serving	15.0
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
CAULIFLOWER, (other)	.25 CUP	1.24
PEAS, frozen (starchy)	.25 cup	5.7
BEANS, RED (legume)	.25 CUP	9.98
CARROTS, BABY (red/org)	.25 cup	3.3
Applesauce, Canned Unsweet USD	.25 cup	6.89
PEARS,CND,JUC PK,DRND	.25 c	1.45
KETCHUP: individual	2 PACKET	4.93
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		69.61
% of Calories		48.2%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 09/21/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Grilled Cheese Sandwich-Leb	Servings	39.02
BBQ Chicken Sandwich-Leb	Serving	45.0
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
PEAS, frozen (starchy)	.25 cup	5.7
SALAD, Leb (other)	.5 Cup	3.17
CARROTS, BABY (red/org)	.25 cup	3.3
CAULIFLOWER, (other)	.25 CUP	1.24
PEACHES,CND,JUC PK,SOL&LIQUIDS	.25 cup	7.23
BLUEBERRIES	.25 CUP	5.36
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	HALF PINT	1.41
Weighted Daily Average		93.59
% of Calories		57.4%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 09/22/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Pizza, Nardone's WW Cheese 4 X	Piece (4 X 6)	30.0
Pizza, Nardone's WW Pep 4 X 6	Piece (4 X 6)	30.5
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
TOMATOES (red/org)	.25 CUP	1.75
CARROTS, BABY (red/org)	.25 cup	3.3
Peppers, Red (red/orange)	.25 cup	1.39
peppers, green (other)	.25 cup	1.07
BLUEBERRIES	.25 cup	5.36
PINEAPPLE	.25 cup	7.04
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		78.96
% of Calories		51.2%
Nutrient Guideline		

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Lebanon Community Schools

Aug 28, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

LUNCH K-8 Lac, HC, Pio

Portion Values - Detailed

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	Portion Size	Carb (g)
Mon - 09/25/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Grilled Cheese Sandwich-Leb	Servings	39.02
SLOPPY JOE ON A BUN-Leb	1 each	*36.55
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
Garlic Broccoli	1/4 cup	2.53
CELERY STICKS (other)	.25 cup	1.1
CARROTS, BABY (red/org)	.25 cup	3.3
Beans, Garbonzo (legume)	.25 cup	13.57
Applesauce, Canned Unsweet USD	.25 cup	6.89
FRUIT MIX, CANNED, EXTRA LIGHT	.25 cup	8.94
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
Mayo, Individual Packets	2 packets	0.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK, 1% Lowfat	8 OZ.	12.18
MILK, Skim	8 oz	11.25
Weighted Daily Average		*87.66
% of Calories		*52.5%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 09/26/2017		
LUNCH K-8 Lac, HC, Pio	Total	
SOFT TACO-leb	soft taco	25.34
Deli Ham Elem-Leb	Sandwich	32.11
PBJ 2tbsp/Lebanon w/cheese	1 EACH	49.31
SALAD, Leb (other)	.5 CUP	3.17
TOMATOES (red/org)	.25 CUP	1.75
BROCCOLI, (dk green)	.25 CUP	1.51
Beans, Refried Leb (legume)	.25 cup	9.61
Applesauce, Canned Unsweet USD	.25 cup	6.89
PEACHES,CND,JUC PK,SOL&LIQUIDS	.25 cup	7.23
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
KETCHUP: individual	2 PACKET	4.93
MUSTARD: Pkt-Leb	2 pkts	0.0
Mayo, Individual Packets	2 packets	0.0
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK, 1% Lowfat	8 OZ.	12.18
MILK, Skim	HALF PINT	1.41
Weighted Daily Average		78.66
% of Calories		50.1%
Nutrient Guideline		

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Lebanon Community Schools

Aug 28, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

LUNCH K-8 Lac, HC, Pio

Portion Values - Detailed

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	Portion Size	Carb (g)
Wed - 09/27/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Ling's Orange Chick w/rice-Leb	serving	70.67
Chicken Tenders, Bread 7033	Serving (3 Pc.)	27.0
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
SALAD, Leb (other)	.5 Cup	3.17
CARROTS, BABY (red/org)	.25 cup	3.3
Beans, Garbonzo (legume)	.25 cup	13.57
PEAS, frozen (starchy)	.25 cup	5.7
PEARS,CND,JUC PK,DRND	.25 c	1.45
Applesauce, Canned Unsweet USD	.25 cup	6.89
Ketchup Packet-Leb	2 pkts	6.0
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		102.81
% of Calories		61.0%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 09/28/2017		
LUNCH K-8 Lac, HC, Pio	Total	
BAKED POTATO w/ Ham/Ch-K-8	1 EACH	59.41
CHILI with Tortilla Chips-Leb	1/2 CUP Serving	*29.03
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
CARROTS, BABY (red/org)	.25 cup	3.3
BROCCOLI, (dk green)	.25 CUP	1.51
CAULIFLOWER, (other)	.25 CUP	1.24
TOMATOES (red/org)	.25 CUP	1.75
FRUIT MIX, CANNED, EXTRA LIGHT	.25 cup	8.94
Applesauce, Canned Unsweet USD	.25 cup	6.89
Ketchup Packet-Leb	2 pkts	6.0
MUSTARD: Pkt-Leb	2 pkts	0.0
Mayo, Individual Packets	2 packets	0.0
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		*97.28
% of Calories		*55.9%
Nutrient Guideline		

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Lebanon Community Schools

Aug 28, 2017 thru Sep 29, 2017

Base Menu Spreadsheet

LUNCH K-8 Lac, HC, Pio

Portion Values - Detailed

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	Portion Size	Carb (g)
Fri - 09/29/2017		
LUNCH K-8 Lac, HC, Pio	Total	
Pizza, Nardone's WW Cheese 4 X	Piece (4 X 6)	30.0
Pizza, Nardone's WW Pep 4 X 6	Piece (4 X 6)	30.5
PBJ 2tbsp/Lebanon w/cheese	Sand/Ch Stick	49.31
Cookie, Choc Chp-OS WG-Leb	cookie	17.0
TOMATOES (red/org)	.25 CUP	1.75
CARROTS, BABY (red/org)	.25 cup	3.3
Peppers, Red (red/orange)	.25 cup	1.39
peppers, green (other)	.25 cup	1.07
BLUEBERRIES	.25 cup	5.36
PINEAPPLE	.25 cup	7.04
RANCH DR. w/FHF mix leb mix.	1.75 oz	2.17
MILK, NON-FAT CHOC.	8 OZ.	26.0
MILK,1% Lowfat	8 OZ.	12.18
MILK,Skim	8 oz	11.25
Weighted Daily Average		94.05
% of Calories		53.1%
Nutrient Guideline		

Weighted Average		*86.94 *53.8%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	86.94	53.77%			Missing			

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